

Medtronic

Lighten the burden of incontinence

World Continence Week
June 17-23, 2024

World
Continence
Week



Dear XXX,

Bladder and bowel leaks can feel like a heavy weight.

Did you know?

1 in 6

adults experiences overactive
bladder symptoms.¹

1 in 12

adults experiences bowel
incontinence symptoms.^{2,3}

World Continence Week is an excellent time to start taking action. If bowel and bladder leaks are keeping you from enjoying the activities you love, you're not alone.

Speak with your doctor today to learn if the InterStim™ system is right for you.

The Medtronic InterStim™ system delivers therapy to treat bladder and bowel leaks.

Learn how the InterStim™ system targets the sacral nerves that control bladder and bowel function, which may help you get your life back.

[Discover more](#)

Start lightening the burden by understanding your treatment options.

1. Stewart WF, Van Rooyen JB, Cundiff GW, et al. Prevalence and burden of overactive bladder in the United States. *World J Urol.* 2003;20(6):327-336. doi:10.1007/s00345-002-0301-4
2. Whitehead WE, Borrud L, Goode PS, et al. Fecal incontinence in US adults: epidemiology and risk factors. *Gastroenterology.* 2009;137(2):512-517.e5172. doi:10.1053/j.gastro.2009.04.054
3. Ditah I, Devaki P, Luma HN, et al. Prevalence, trends, and risk factors for fecal incontinence in United States adults, 2005-2010. *Clin Gastroenterol Hepatol.* 2014;12(4):636-43.e432. doi:10.1016/j.cgh.2013.07.020

Important safety information for bladder and bowel therapies

Medtronic Bladder Control Therapy delivered by the InterStim™ system treats urinary retention (inability to completely empty the bladder) and the symptoms of overactive bladder, including urinary urge incontinence (leakage) and significant symptoms of urgency-frequency. It should be used after you have tried other treatments such as medications and behavioral therapy and they have not worked, or you could not tolerate them. This therapy is not intended for patients with a urinary blockage.

Safety and effectiveness have not been established for pregnancy and delivery; patients under the age of 16; or for patients with neurological disease origins.

Medtronic Bowel Control Therapy delivered by InterStim™ system treats chronic fecal incontinence (an accident or leaking involving stool). It should be used after you have tried other treatments such as medications and dietary modifications and they have not worked, or if you are not a candidate for them.

Safety and effectiveness have not been established for pregnancy and delivery; patients under the age of 18; or for patients with progressive, systemic neurological diseases.

Medtronic Bladder Control Therapy and Medtronic Bowel Control Therapy: You must demonstrate an appropriate response to the evaluation to be a candidate. You cannot have diathermy (deep heat treatment from electromagnetic energy) if you have an InterStim™ device.

In addition to risks related to surgery, complications can include pain at the implant sites, new pain, infection, lead (thin wire) movement/migration, device problems, interactions with certain other devices or diagnostic equipment such as MRI, undesirable changes in urinary or bowel function, and uncomfortable stimulation (sometimes described as a jolting or shocking feeling).

This therapy is not for everyone. This treatment is prescribed by your doctor. Please talk to your doctor to decide whether this therapy is right for you. Your doctor should discuss all potential benefits and risks with you. Although many patients may benefit from the use of this treatment, results may vary. For further information, please call Medtronic at 1-800-328-0810 and/or consult Medtronic's website at www.medtronic.com.

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