

Silence is not golden. **Life is.**



Darian, patient  
with aortic stenosis

**Fatigue. Dizziness. Shortness of breath.** These symptoms may be more serious than you realize. They could be symptoms of heart valve disease, such as aortic stenosis.

If you feel like something is wrong, don't stay silent. Speak up and talk to your doctor about your symptoms. Be your own advocate – **it could save your life.**

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