Medtronic

Symplicity Spyral[™]

multi electrode renal denervation system[†]

This is the turning point in hypertension care

The Symplicity[™] blood pressure procedure delivers significant, safe, and sustained BP reductions.¹⁻⁴

When typical hypertension managements aren't enough

Lifestyle changes and medications have defined hypertension management, but they are not always enough to help patients achieve control.



How renal denervation with Symplicity RDN System works:

- Supplies precisely controlled and targeted radiofrequency energy to the renal nerves⁸
- Safely disrupts the overactive sympathetic signaling between the kidneys and brain to reduce blood pressure⁸



Setting the standard in renal denervation

>25,000 patients managed globally with the Symplicity RDN system⁹

Simple and versatile

- One catheter size fits vessels 3-8 mm¹⁰
- 4 F catheter,[†] compatible with 6 F guide catheter, 0.014" guidewire
- Easy-to-use, plug-and-play design
- Nonocclusive design allows for continuous blood flow to naturally protect the vessel wall⁸

Safe and precise

- Unique, real-time, and responsive algorithm automatically adjusts power by monitoring temperature and impedance for safe energy distribution⁸
- Multi-electrode, helical design covers four quadrants simultaneously for a circumferential ablation^{8,10}
- Radiofrequency energy preferentially heats fat tissue where renal nerves are located and avoids non-target structures¹¹
- Only Symplicity RDN System allows for denervation throughout the renal anatomy, including the distal branches,¹⁰ where late arriving nerves are accessible and total nerve density is highest^{12,13}

Targeted circumferential ablation coverage area

Significant, safe, and sustained blood pressure reductions^{1-3,14,15}

>4,000 patients enrolled in the global clinical program^{+1-3,14,15}

Significant

SPYRAL HTN-OFF MED¹

Pivotal Trial Significant BP reduction in the **absence of medication** at 3 months

SPYRAL HTN-ON MED²

Significant BP reductions with **20% lower medication burden at 6 months** with RDN (2.9 RDN vs. 3.5 sham, p = 0.04)



mmHg reduction in OSBP

in patients off and on medications^{1,2}



-9.2

 Δ -6.6 mmHg

p < 0.001

24 hr ambulatory blood pressure primary endpoint

-4.7 RDN vs. -0.6 sham, p < 0.001

-2.5





Safe

Excellent safety profile

Pooled data from the **SPYRAL HTN-OFF MED** and **SPYRAL HTN-ON MED** trials indicated low incidence of procedural related and clinical adverse events.²



Stable kidney function

Pooled data from the **SPYRAL HTN-OFF MED** and **SPYRAL HTN-ON MED** trials, **Global SYMPLICITY Registry**, and **proof-of-concept study** showed minimal impact to kidney function at 3-year follow-up.¹⁶



Sustained

Only the Symplicity RDN system has demonstrated sustained BP reductions **through 3 years in real-world patients.**¹⁷



Recommended by cardiovascular experts

- > 20 guidelines and consensus statements from medical societies worldwide are shaping patient selection for renal denervation, including the Symplicity blood pressure procedure
- The European Society of Hypertension now recommends RDN as a safe and effective complementary hypertension management strategy¹⁸



Scan to view the ESH guidelines[†]

Patient selection

Consider the Symplicity blood pressure procedure for patients who fit one or more of the following criteria:

- Uncontrolled BP, despite an optimal medication regimen
- Elevated cardiovascular risks: heart failure, coronary heart disease, atrial fibrillation, stroke, or diabetes
- Unwilling or unable to adhere to medication due to side effects or intolerance
- Willing to undergo a minimally invasive procedure



would be willing to consider an interventional approach to reduce BP¹⁹

of patients



Partners in care

Enhance your hypertension management strategies with:



Strategic collaboration designed to improve care for patients



Access to world-class referral, training, and education resources



Experienced field and support teams

Components and ordering information

RDN016 Symplicity Spyral multi-electrode renal denervation catheter: single-use RDN catheter for use only with the Symplicity G3 renal denervation RF generator

RDNG3A Symplicity G3 Renal Denervation RF Generator: reusable RF generator, power cable, remote control[‡], and DVI-D output for use with the Symplicity Spyral catheter

RDN019 Mobile cart for Symplicity G3 generator (optional accessory)

0.014" Guidewire (non-hydrophilic with a supportive shaft and a floppy tip)

4 F catheter,[†] compatible with 6 F guide catheter (90 cm max length)

Dispersive Electrode for RDNG3A: Compatible with ValleyLab REM Polyhesive Adult Electrode (Model E7507, E7507DB)

+Catheter dimension of 0.052" is average diameter determined during design verification. Upper bound allowable is 0.061". ‡Licensed as Symplicity RF G3 Generator Component: Remote Control

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- 14 Townsend RR, Mahfoud F, Kandzari DE, et al. Catheter-based renal denervation in patients with uncontrolled hypertension in the absence of antihypertensive medications (SPYRAL HTN-OFF MED): a randomised, sham-controlled, proof-of-concept trial. Lancet. November 11, 2017;390(10108):2160-2170.
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